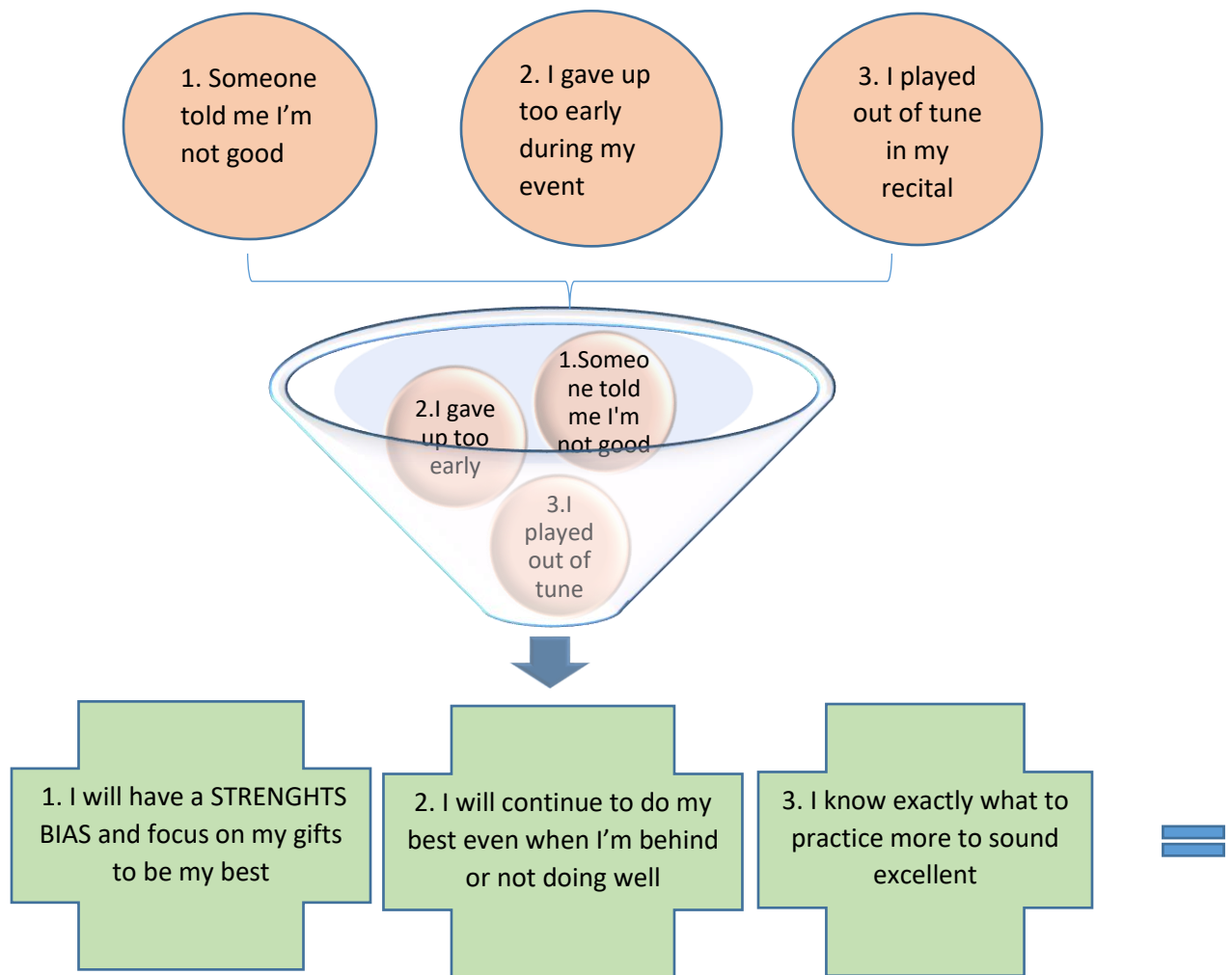


In ALL things God works for the good of those who love him – Romans 8:28

MENTAL FILTER: Put all of your experiences through your MENTAL FILTER to help protect, enhance, and develop your confidence

One thing is certain: we will make mistakes, have setbacks, receive criticism and even fail at times. So it makes sense that we have a *constructive way to handle these things:* which is using a MENTAL FILTER. Here are some examples of experiences that we can put through our MENTAL FILTER so that you can filter out the bad and keep the things that will protect, enhance, and develop our confidence.



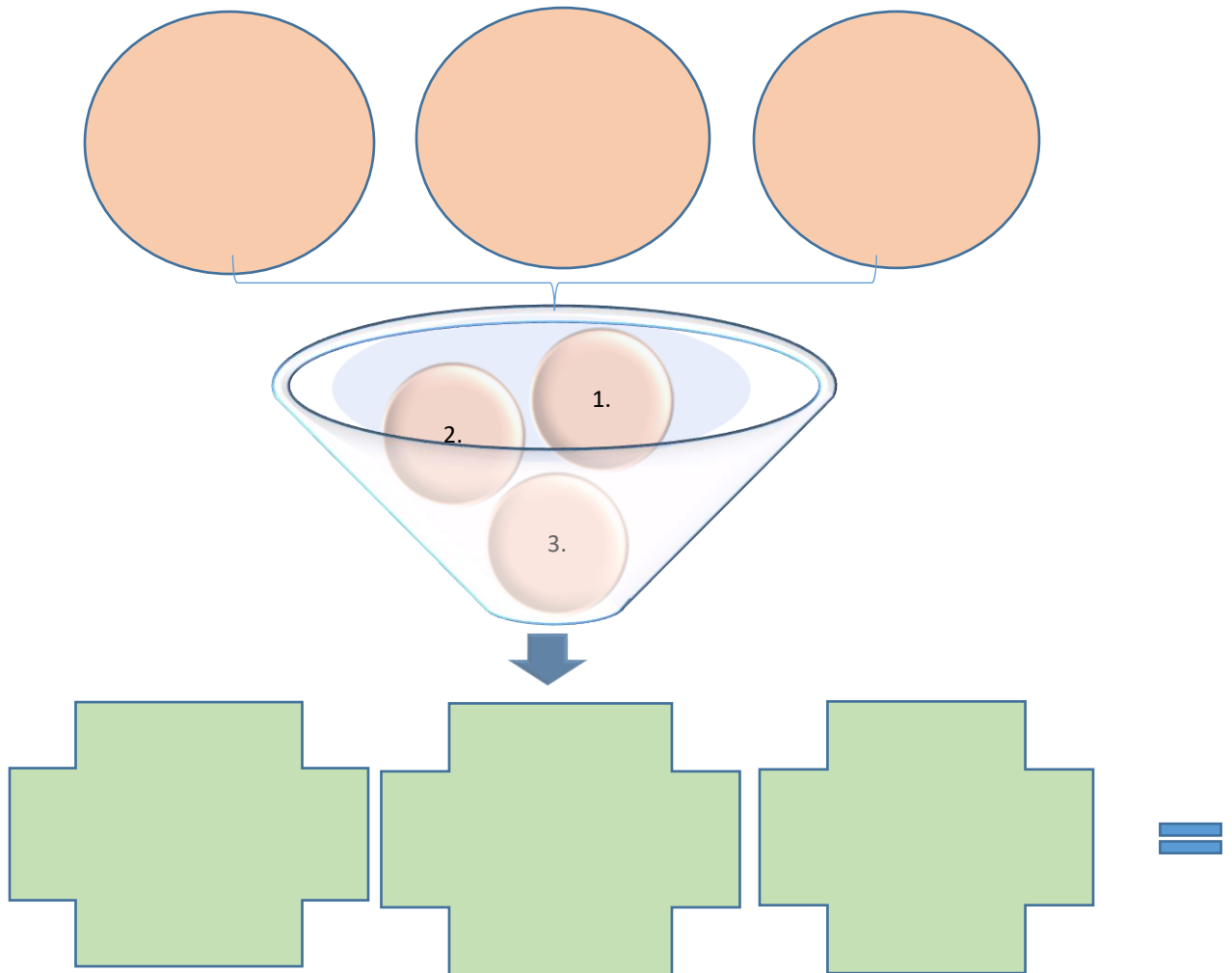
Higher Confidence



In ALL things God works for the good of those who love him – Romans 8:28

MENTAL FILTER: Put all of your experiences through your MENTAL FILTER to help protect, enhance, and develop your confidence

Now, take a moment to think of 3 mistakes, criticism, setbacks or failures that you have recently experienced and put them through your MENTAL FILTER so that they can actually be something that is good for you; something that helps you protect, enhance, and develop your confidence.



Higher Confidence

