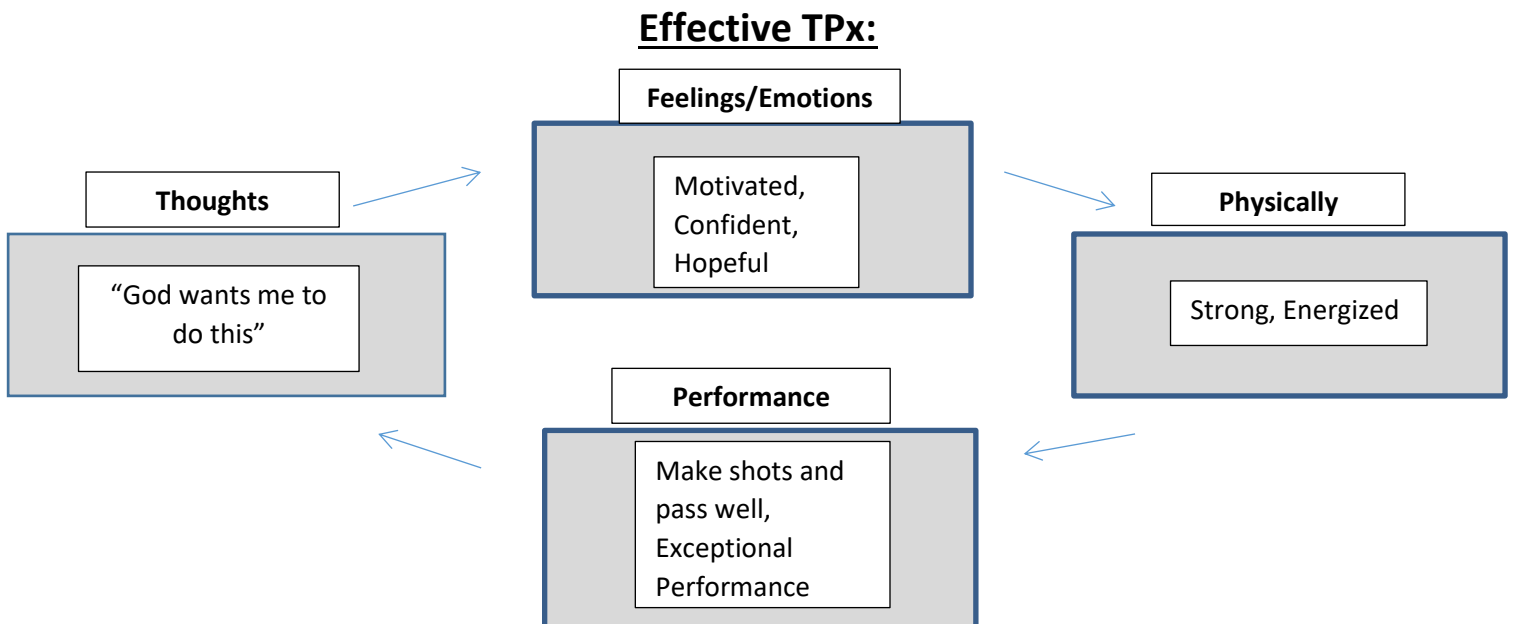
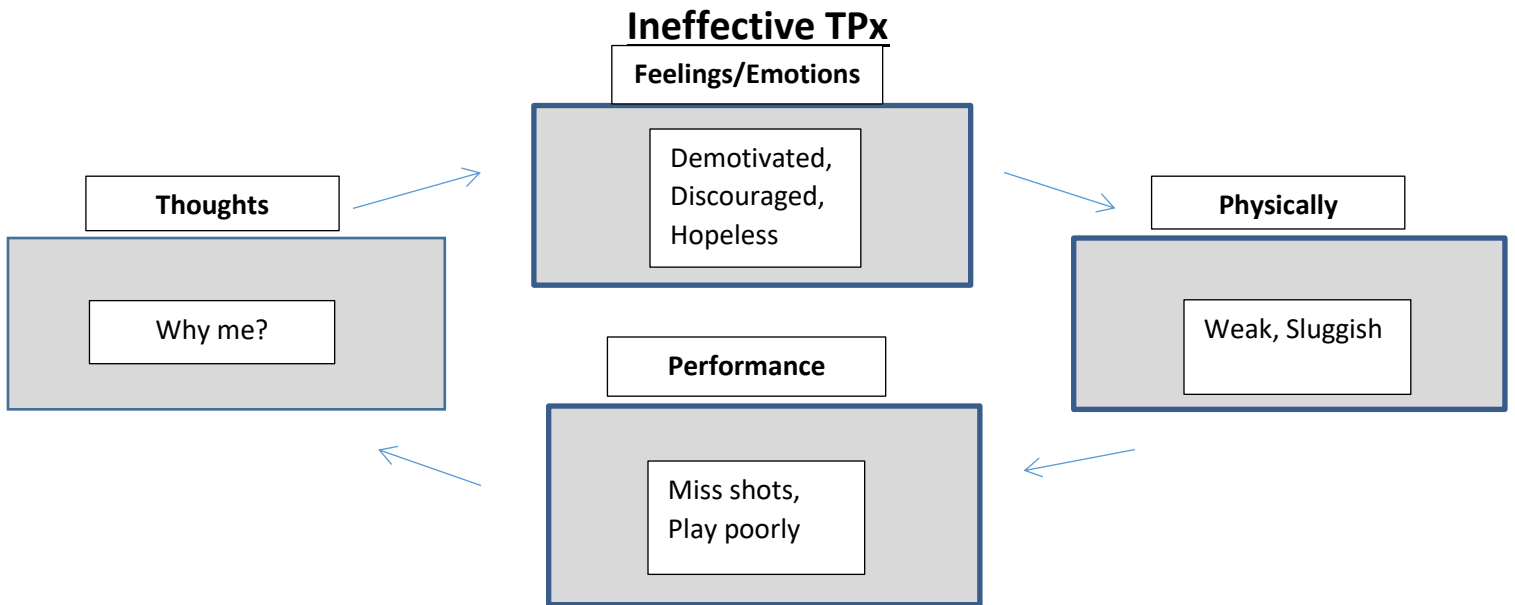


*Be careful how you think, your thoughts shape your life - Proverbs 4:23*

TPx: Chose effective thoughts so your TPx will help you confidently perform at your best.

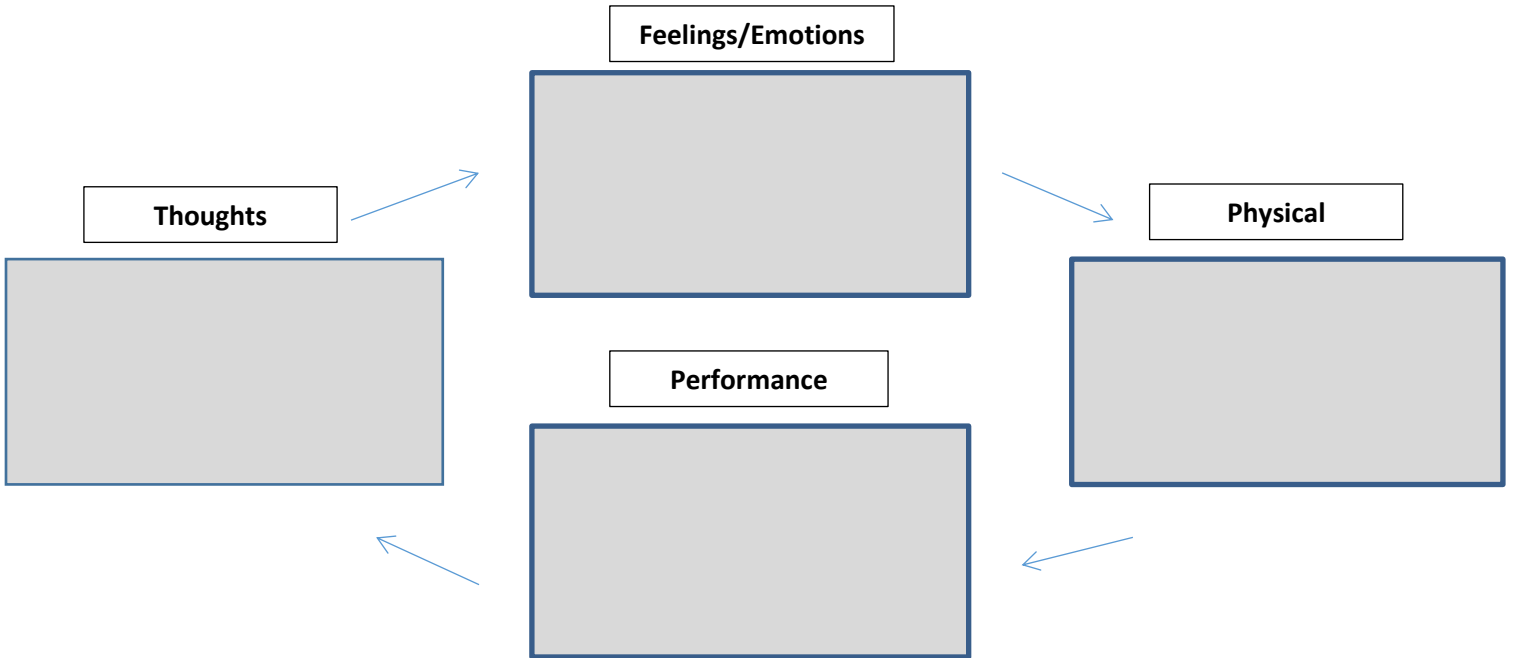
After reviewing the example below, please list a certain performance that you are not happy with right now; something that you wish was excellent but it's not yet. Remember, God gave you the power and authority over the thoughts in your mind.



# Thought Performance Interaction (TPx)

Performance \_\_\_\_\_

## Ineffective TPx:



## Effective TPx:

